

Nurturing Hearts and Educating Minds



ASSOCIATION FOR
Living Values[™]
Education
INTERNATIONAL

Living Values Education (LVE)
promotes the development of
values-based learning communities
and places the search for meaning and
purpose at the heart of education.

LVE touches and nurtures the heart as well
as educating the mind and supports learners
of all ages in developing greater awareness
of values and expressing them in daily life.

ASSOCIATION FOR LIVING VALUES EDUCATION INTERNATIONAL



Our Vision

Under the oversight of the non-profit Swiss-registered Association for Living Values Education International, Living Values Education (LVE) is a way of conceptualising education that promotes the development of values-based learning communities and places the search for meaning and purpose at the heart of education.

LVE emphasises the worth and integrity of each person involved in the provision of education, in the home, school and community.

In fostering quality education, LVE supports the overall development of the individual and a culture of positive values in each society and throughout the world, believing that education is a purposeful activity designed to help humanity flourish.

Our Mission

Our mission is to support teachers, facilitators, parents and others who desire to place and keep values at the heart of education, work and daily life.

Our Aims

- 1)** To encourage educators, parents and caregivers to look at education as providing students with a philosophy of living, thereby facilitating their overall growth, development and choices so they may integrate themselves into the community and world at large with respect, confidence and purpose;
- 2)** To help individuals think about and reflect on different values and the practical implications of expressing them in relation to themselves, families, others, the community and the world at large;
- 3)** To deepen understanding, motivation and responsibility with regard to making positive personal and social choices; and
- 4)** To inspire individuals to choose their own personal, social, moral and spiritual values and be aware of practical methods for developing and deepening them.

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LVE Professional Training workshop, United Kingdom

ABOUT LVE AND ALIVE

In the early years of LVE, starting at the end of the 20th century, Living Values Education practitioners collaborated, developed materials, shared good practice and offered workshops through an informal network of teachers, advisers, supporting organisations and friends. Following successful piloting and expansion around the world, in 2004 the **Association for Living Values Education International (ALIVE)** was established and registered in Geneva, Switzerland to provide a global collaborative “home” for everyone involved with Living Values Education, serving as an independent non-profit organisation without any particular or exclusive religious, political or national affiliation or interest.

Today ALIVE brings together, from about 40 countries, organisations and individuals that have taken up the responsibility to provide LVE professional development workshops and distribute curriculum resources, based on ALIVE materials, principles and guidelines. In each country, they offer students and teachers,

children and adults alike an experience of exploring values and the opportunity to developing practical, personal and social skills for use in a diverse range of learning environments through a vision of education called **The Living Values Education Approach**.

In the course of its development and use, LVE has been supported over the years by a number of organisations, including UNESCO, governmental bodies, foundations, community groups and individuals. Under the stewardship of ALIVE, LVE continues to be part of the global movement for a culture of peace following the **United Nations International Decade for a Culture of Peace and Non-violence for the Children of the World**. Serving in a voluntary capacity, ALIVE’s directors are drawn from around the world and work with member organisations, individuals and partners through a regional support structure and thematic working groups.

WHY VALUES?

Values are a defining feature of our identity as human beings and, in guiding our choices and priorities, they set the compass for the trajectory of our life, drive human, social and economic development and the transition to a better world for all. Adopting and living by values such as peace, love, respect, honesty, responsibility, kindness and cooperation gives meaning to and fulfilment in life, reinforces awareness of human worth and promotes the well-being of individuals and society as a whole.

What young people learn sustains them throughout their life and is woven into the fabric of society, which is best served

when education has positive values at its heart and the resulting expression of them as its aim.

Learning about and experiencing values helps students develop respect for each and every person and make socially-conscious choices and there is clear evidence to indicate that students thrive, both personally and academically, in a values-based atmosphere, a supportive, safe environment of mutual respect and care. At its best, values education may thus be seen as a way of being, grounded in both head and heart, in which values are modelled and lived and so taught by example.



LVE at a Karen Tribe refugee camp in Thailand



WHICH VALUES?

The values that each of us chooses to live by is a deeply personal matter and we have the freedom and responsibility to make our own choices as individuals. Yet at the same time, across the whole world, there is also a striking commonality about what each of us holds to be most important in life and it's apparent that there are some timeless values that can transcend differences and have often brought out the best in humanity. As members of one human family and one human race sharing the one home of the planet we all live on, this commonality should not be surprising.

The sharing of many values across cultures and ages is just as true as the rich diversity in how we express such values in our own communities and the different combinations of them that are a part of each individual's personality.

Perhaps more important than which values we adopt and call our own is the depth of our

awareness of them and whether, or to what extent, we live by them and implement them in our lives and relationships.

In offering a set of age-appropriate, user-friendly and meaningful classroom materials to help address teachers' needs and support them in their values work, LVE Activities books include values units on **Peace, Love and Caring, Respect, Responsibility, Tolerance, Honesty, Humility, Happiness, Cooperation, Simplicity and Caring for the Earth and Her Oceans, Freedom** (*Gentleness and Bravery for children ages three to seven*), **Compassion** and **Unity**. There are separate LVE Activities books for children ages three to seven, eight to fourteen and young adults.

The LVE Approach offers a non-prescriptive framework and methodology that allows for and encourages adaptation and working with other values, according to local contexts, heritage, needs and choice.

LVE IN SCHOOLS

Teaching and Learning about Values

Education is an inherently values-laden activity and while academic excellence should always be a priority of schools, regard must also be had to the kind of people that education helps form, their personality, character, values and attitudes. The LVE Approach emphasises both explicit learning about values and the importance of all education taking place within a values-based environment. Fundamental to this (and all education) is the human relationship between a student and a teacher and, for LVE practitioners, values education starts with teachers looking at their own values. Likewise, students (and the whole school community) are encouraged to reflect on and choose the values that are most important to them.

Explicitly recognising the place of values within the classroom and curriculum, and the importance of intrinsic motivation, LVE values activities are designed to engage students in thinking about themselves, others and the world in positive ways.

When LVE is implemented in schools, this evidence-based educational innovation results in positive and supportive school climates, caring and respectful relationships between educators and students, and higher academic outcomes. Students of all ages enjoy and learn from a variety of values activities and develop social and emotional skills, including conflict resolution, that enable them to live their values. In schools where LVE is fully implemented, there is no bullying.



Green values, Greece



Values activities, China



Values awareness, Cameroon



Values based school, Kuwait



Peace cake activity, China



Exploring values activities, India

LVE AT HOME

Exploring and Sharing Values Together

Home provides a nurturing cradle for what are likely to be our most formative early years and from the moment of birth (if not before) the human child is susceptible to and affected by the values of others.

Our parents may lay down a foundation upon which we build our lives, embedding values in the choices that we make and

setting standards for how we live our lives and act in relation to others around us.

LVE parenting materials recognise the importance of a consistency between home and school with regard to values and support parents in offering both process and content for facilitators to run sessions with parents and caregivers to further understanding and skills for children's wellbeing and the positive development of values.

As well as guidance for parents and caregivers as they explore and reflect on their own values, there are also ideas for values activities that parents can carry out as a group and work with at home.



Exploring values activities, Egypt



LVE AND CARING FOR OUR ENVIRONMENT



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At a time of growing realisation of the changes needed in humanity's relationship with and impact on the environment, LVE materials on ***Simplicity and Caring for the Earth and Her Oceans*** help explore how simplicity can support a transition to sustainable development and a reduction in material demands on the planet's finite resources. Touching on the simplicity, beauty and wisdom within nature and indigenous cultures, the materials present information on greenhouse gases, carbon footprints, plastics and ways in which human actions may harm the natural world and people.

Research on areas of interest and creating a service-learning project to benefit the

environment is encouraged. A separate book, ***Living Green Values***, and two related publications, offer materials for different age groups to help develop awareness of the importance of taking care of the Earth and her resources and living sustainably.



Facilitators training in values activity delivery, Australia



Training workshop, Indonesia



Teacher training, Vietnam



Values assembly, Zimbabwe



LVE Group, USA

LVE PROFESSIONAL DEVELOPMENT WORKSHOPS AND TEACHER TRAINING

Educators not only require appropriate quality teacher education and ongoing professional development, they also need to be valued, nurtured and cared for within the learning community. A fundamental premise of LVE is that it is when we experience and live our values that we can truly teach them. LVE professional development workshops address the aspirations of teachers for approaches and materials that can help them improve their teaching and learning environment by developing a values-based atmosphere in the classroom and school. Blending time given to knowledge input with moments of guided reflection, mutual support and fun-filled interactive group experimentation with values activities that can be used in the classroom, LVE workshops

both identify and seek to model good practice in values education.

When the atmosphere is such that students (of any age) feel that they are **Respected, Valued, Understood, Loved and Safe** this changes everything – and learning about values can truly begin.

Our flagship three-day LVE Train-the-Educator workshop is ideally conducted for teachers wishing to adopt LVE on a whole-school basis and has been conducted in many tens of countries over the past twenty-plus years for thousands of appreciative educators and others.



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Education Project , Egypt



LVE school, Indonesia



Value of Unity,
Australia

LVE DISTANCE ONLINE COURSES

LVE Anywhere, Anytime

The ALIVE website offers a suite of materials and activities to support and guide anyone interested in learning more about values. The **LVE Distance Self-Reflection** course offers a 12 week online engagement with one value per week through guided daily introspection and reflection on each value and its place, meaning and significance in one's own life.

The **LVE Values Activity Distance Study** course comprises a selection of activities on twelve values from the LVE Activities for Young Adults book and is designed for use at home by adults, families and groups wishing to explore their values in a personal, family or community environment.

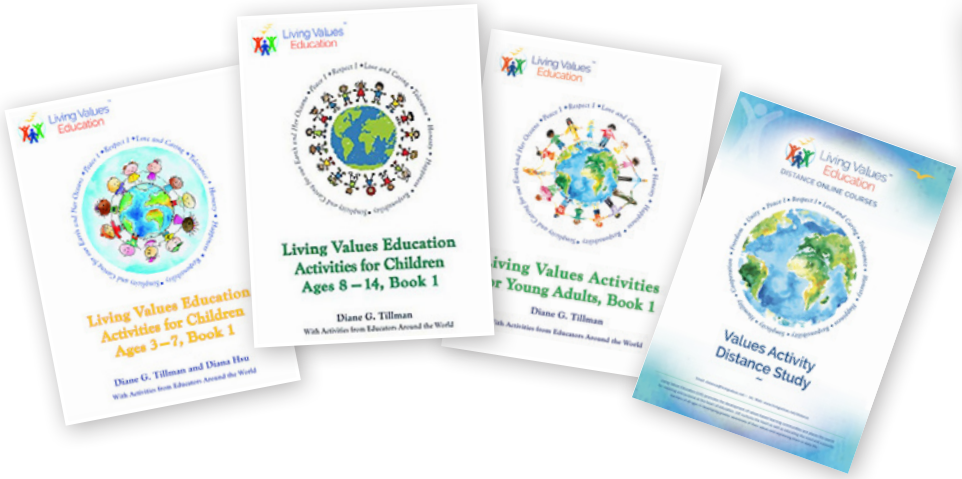
The **LVE Distance Study Group** materials explain how anyone may organise reflective

and interactive values activities for a group, whether in a community, workplace or elsewhere.

LVE Distance Facilitator Training is also available as a 12 week online certificate course.

"The Distance Facilitator Training Course is fabulously designed. It gave me a choice to do activities according to my liking, in my own time. It also gave me ample time to reflect and experiment, to live-in each value which is not possible in a formal workshop. In a way, DFT is a powerful mechanism to reach out to people who cannot attend workshops because of our travel, time, money constraints."

~ Indu Gupta, LVE Focal point, India



RESOURCES

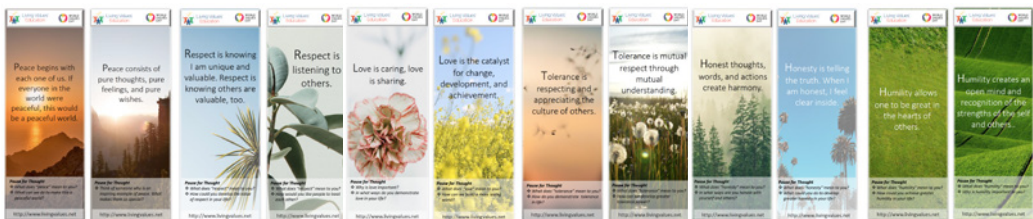
Books, Booklets, Posters, Songs & More

ALIVE's website at www.livingvalues.net contains a large storehouse of educational and self-learning resources for teachers, facilitators, parents and other interested individuals, available for downloading free of charge.

Many of the materials are designed to suit different age groups. There are resources specifically for teacher training purposes, the Environment and Green Values, At Risk groups, Community Study Groups, Home Learning and Self-Reflection, posters, stories and songs.

An extensive library of more than 40 LVE Rainbow Booklets includes a wide range of values activities for use in classrooms with students of different ages and for use in a number of non-classroom settings. The Rainbow Booklet activities are mostly drawn from ALIVE's flagship Living Values Education Activities books for three age groups, i.e. *Children Ages 3-7*, *Children Ages 8-14* and *Young Adults*, now updated and expanded.

Accompanying these publications are the *Facilitator Guide for Living Values Education Parent Groups* and the *LVE Educator Training Guide*.





A variety of LVE resources available in different languages



LVE Professional Development Workshops for groups are highly recommended for best results and are also required for those wishing to use ALIVE special "At Risk" resources, e.g. for *Drug Rehabilitation, Refugees and Children Affected by War, Street Children and Young Offenders.*

For videos and other resources please also see ALIVE's YouTube channel at www.youtube.com/c/LivingValuesEducation and visit our Facebook page at www.facebook.com/Living-Values-Education.



Below: Range of LVE bookmarks



LVE AROUND THE WORLD AND NEAR YOU!

During the course of the past two decades and more, LVE has touched individuals, schools, universities and other organisations in over 80 countries, extending beyond formal education settings to, for example, day-care centres, youth clubs, parent groups, community associations, businesses, centres for children in difficult circumstances, refugee camps and prisons.

The LVE Approach is non-prescriptive and its underlying concept of the central role that values play in all human endeavour and activity, whether personal, social or communal, continues to find resonance and touch hearts and minds in a multitude of cultural contexts. In many countries, individuals have wished to share LVE with their families, friends, colleagues and others, sometimes in a personal capacity as volunteers and sometimes organisationally. In both cases they may apply to ALIVE, which accepts organisations as members (also known as Associates) and recognises individuals as Focal Points for LVE.

There is only one ALIVE Associate or Focal Point for LVE in any country and such Associate or Focal Point takes up the responsibility for promoting and implementing LVE in that country. Some Associates comprise a small number of part-time volunteers banding together primarily just to implement Living Values

Education while others may be sizeable entities with full-time employees engaged in a range of activities, of which LVE is just one.

The extent, level and nature of LVE activities carried out in each country also varies and www.livingvalues.net/countries/ lists current and past activities of Associates and Focal Points, together with contact information, in about 60 countries, providing both a great source of inspiration and helpful insights into good values-based education practice. Many Associates also have their own websites, social media presence and a range of classroom activities and other resources in their local languages.

Associates and Focal Points accredit trainers who then conduct LVE workshops for interested individuals and organisations, strengthening their skills and equipping them with tools and materials to facilitate LVE activities in their local schools or other settings.

For information about resources in other languages please see www.livingvalues.net/countries/.



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Values Education as a Way of Being

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www.livingvalues.net

www.youtube.com/c/LivingValuesEducation

www.facebook.com/Living-Values-Education
